

# Bright from the Start

## Winter 2007



### EACH DHR CLASS APPROVED WORKSHOP EARNS 2 CREDIT HOURS!!

#### 1.) HOW TO REINFORCE CHILDREN'S SELF-ESTEEM

- Estela Bash -

This workshop will discuss the role of the teachers in reinforcing children's self-esteem. We will explore effective techniques to foster children's positive self-esteem in the classroom.

Town Center • Tuesday, February 6th • 5:30 p. m. – 7:30 p. m.  
**Cost:** \$15.00 • Bright From The Start Approved • Preschool – Kindergarten

#### 2.) CPR / FIRST AID

- Dan Wade -

This is a complete four hour CPR and First Aid combination course. This course offers a unique insight by sharing real life situations, which enhances the curriculum. All the basic principles are taught. This class is required in all centers and is Bright From the Start hours.

Town Center • Saturday, February 10th • 10:00 a.m. – 2:30 p.m.  
**Cost:** \$30.00 • Approved and accepted by the American Heart Association

#### 3.) POSITIVE DISCIPLINE: How To Prevent Behavior Problems

- Estela Bash -

This workshop will discuss the rationale of the method of positive discipline. We will explore effective techniques to prevent behavior problems in the classroom.

Town Center • Tuesday, February 27th • 5:30 p.m. – 7:30 p.m.  
**Cost:** \$15.00 • Bright From The Start Approved • Pre-School and Kindergarten

#### 4.) NUTRITION - I

- Sheila Lewis -

Discover the new ways to promote healthy food choices in the childcare center by reviewing the food pyramid, meal components and serving sizes for young children.

Town Center • Saturday, March 3rd • 10:00 a.m. – 12:00 Noon.  
**Cost:** \$15.00 • Bright From The Start Approved • Directors and Food Specialists of Childcare Centers

#### 5.) NUTRITION – II

- Sheila Lewis -

This class will introduce and review childcare regulations covering nutrition as well as USDA requirements, proper food handling procedures and food borne illnesses.

Town Center • Saturday, March 3rd • 12:30 p. m. – 2:30 p. m.  
**Cost:** \$15.00 • Bright From The Start Approved • Directors and Food Specialists of Childcare Centers

#### 6.) STRATEGIES TO PROMOTE LANGUAGE DEVELOPMENT

- Estela Bash -

This session will discuss tools that prevent unnecessary language delays. We will explore effective techniques to promote children's language and methods for applying these techniques through reading and playing.

Town Center • Tuesday, March 6th • 5:30 p. m. - 7:30 p.m.  
**Cost:** \$15.00 • Bright From The Start Approved • Pre- School and Kindergarten

#### 7.) GET READY TO READ

- Donna House -

Come and learn developmentally appropriate activities and ready made activities that can be used to support early literacy learning! You will receive a free screening tool, tool!

Town Center • Saturday, March 10th • 10:00 a. m. – 12:00 Noon  
**Cost:** \$15.00 • Bright From The Start Approved • Pre-school and Kindergarten

#### 8.) CREATING LITERACY ENVIRONMENTS FOR YOUNG CHILDREN

- Donna House -

You are more important than you ever imagined! Come learn the vast amount of knowledge you teach a child when you simply read to children on a daily basis. Learn how to create an atmosphere that supports children's exploration and discovery of the wonderful world of print and language.

Town Center • Tuesday, March 20th • 5:30 p.m. – 7:30 p.m.  
**Cost:** \$15.00 • Bright From The Start Approved • Pre-school and Kindergarten

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# Super Saturday in Gwinnett

Saturday, February 3rd

Popular presenter : Sheila Lewis

## 1.) CHILD ABUSE AND NEGLECT

This course defines maltreatment, discusses physical and behavioral indicators of maltreatment and reviews the mandated report law.  
Gwinnett Store • 8:30 a. m. – 10:30 a. m. • Cost: \$15.00 • Bright From The Start Approved • Pre-K - Kindergarten

## 2.) SAFETY AND INJURY CONTROL

This hands-on, minds-on session will challenge you to spot and solve safety issues in your classroom. You will also learn about relevant regulations.  
Gwinnett Store • 11:00 a. m. – 1:00p. m. • Cost: \$15.00 • Bright From The Start Approved • Pre-K - Kindergarten

## 3.) INFECTIOUS DISEASES

This session reviews signs and symptoms of common childhood illnesses, how to prevent the spread of infection, and identifies when children should be excluded from group care.  
Gwinnett Store • 2:00 p. m. – 4:00 p. m. • Cost: \$15.00 • Bright From The Start Approved • Pre-K - Kindergarten

**\$\$\$ Take all three classes and receive a \$5.00 discount! \$\$\$**

**The School Box**  
A Learning Experience™

Bright from the Start

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ALL ADULT WORKSHOP  
PARTICIPANTS WILL  
RECEIVE AN EXTRA

# 10% DISCOUNT

ON ANY PURCHASE MADE THE SAME DAY OF THEIR WORKSHOP

\*There are no refunds  
or credits unless The  
School Box cancels the workshop

**The School Box**  
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Bright from the  
Start Approved  
\*Each Workshop  
Earns 2 Credit Hours

**SPACE IS LIMITED -  
PLEASE REGISTER EARLY**

Winter Workshop Location: Town Center (770) 422-2440

Super Saturday Location: Gwinnett (770) 497-1005

